



Medical
Wellness
Association

Medical WELLNESS

2010 Medical Wellness Forum, San Diego

WELCOME to San Diego

The demand for wellness programs continue to increase as medical and wellness practitioners work together around the world. This past year, we have participated in MWA partner meetings in Paris, Hong Kong, Manila, Chicago, San Francisco and Las Vegas. We strive to provide an international forum for communication among allied medical and wellness professionals. Corporate and consumer interest in wellness is strong and expanding. Wellness providers, physicians, hospitals and clubs are responding to this interest by integrating medical wellness practices with conventional care. We believe in open dialogue between medical wellness and health care providers concerning our health and well-being. Our partners are excited with the launch of the new International Directory of Medical Wellness Professionals and Providers.

*The **Medical Wellness Association** is pleased to host the 2010 Medical Wellness Forum in partnership with **IHRSA**, International Health, Racquet & Sports Association. We provide MWA best practices, research, professional networking, training and continuing education. **The Medical Wellness Forum** is open to everyone for meetings with health and medical wellness practitioners. **The Medical Wellness Association** welcomes all of our members and partners in San Diego for outstanding wellness workshops, keynotes, networking and the international IHRSA trade show. The 2010 Forum impressive speakers include Dr. Jason Conviser, Dr. Brian Sekula, Amy Blansit and Eric Durak. Join in and participate in the exciting new medical wellness transformation. We look forward to the Forum meetings and sharing our events with you in San Diego.*

Christopher Breuleux, President



WELCOME TO THE 2010 MEDICAL WELLNESS FORUM
MEDICAL WELLNESS FORUM PROGRAM AND FACULTY

PAGE 1
PAGE 2

THE MEDICAL WELLNESS ASSOCIATION

iHRSA
Success By Association®



Medical Wellness Forum

Medical Wellness and Nutrition Programs

Hosted by The Medical Wellness Association
IHRSA International Convention, San Diego



Leading and Winning with Medical Wellness Programs

The Medical Wellness Association presents certified Medical Wellness Workshops with IHRSA in the San Diego Convention Center MWA Pavilion. The Wellness Workshops and interactive sessions provide leading medical, nutrition, fitness and wellness experts sharing successful program trends.

Medical Wellness Forum Program Schedule

Christopher Breuleux	Medical Wellness Association	Welcome
Amy Blansit, MA	Nutrition and Obesity Management	8 am
Dr. Brian Sekula	Bariatrics: Increase Revenue with Wellness	10 am
Open Networking	Break, Open Roundtables	12 pm
Dr. Jason Conviser	Exercise and Wellness is Medicine	1 pm
Eric Durak, MS	Medical Nutrition for Wellness Programs	3 pm
Chris Berman	International IHRSA Keynote Presentation Teamwork & Collaboration: Attributes of Successful Business Venture	5 pm
MWA Networking	Opening Reception & Entertainment with IHRSA International Medical Wellness Network: Meet Medical Wellness Advisors & Partners	8 pm



International IHRSA Expo and Trade Show Thursday - Saturday

Thursday, March 11	1:00pm—6:00pm
Friday, March 12	11:00am—6:00pm
Saturday, March 13	7:30am—12:00pm



Medical Wellness Association *Success By Association[®]*

Contact: info@medicalwellnessassociation.com or Call: 281 313 3040

March 10-13, 2010 | San Diego, California | Room 24 in San Diego Convention Center

